

# Ottawa Supportive Housing Network

A coalition of agencies working to prevent homelessness in Ottawa!

BRUCE HOUSE  
 CORNERSTONE  
 DAYBREAK  
 EMILY MURPHY  
 HARMONY HOUSE  
 OPTIONS BYTOWN  
 OTTAWA SALUS  
 SHEPHERDS OF GOOD HOPE  
 YOUTH SERVICES BUREAU OF OTTAWA  
 YOUVILLE CENTRE

 **HousingPlus**.ca

## Ottawa Supportive Housing Network

### WHAT Is Supportive Housing?

Supportive housing is a community-based, person-centred model of providing affordable, permanent accommodation. Housing support staff assists individual tenants in attaining their optimum quality of life and encourage the development of healthy communities.

Supportive housing communities reduce the cycles of institutionalization, homelessness and poverty among people who need assistance in maintaining independent housing.

### WHY Is Supportive Housing Unique?

Supportive housing for people significantly reduces the isolation and loneliness that are often the consequences of living with mental illness and other disabilities and disadvantages. The pressure on other more costly services can be reduced by providing those in need with on-site supports. Supportive services can include community referrals, assistance with life skills, assistance maintaining housing and opportunities for peer support and community involvement.

Supportive housing is a healthy alternative to emergency shelters for those who move directly from hospitals and recovery homes.

### WHO Provides Supportive Housing in Ottawa?

We are a coalition of supportive housing projects in Ottawa. Each project is run by a community-based non-profit agency. In total, there are approximately 800 tenants living in supportive housing in Ottawa. Our estimate is that another 2000 units are needed



### WHO Are Our Community Partners?

As community-based agencies, we enjoy both the financial support and the volunteer contributions of many generous individuals. In addition, we receive funding and work in partnership with the municipal, provincial and federal levels of government and a host of private foundations and community agencies and social housing providers and associations.

### A Few Words from a Tenant of Supportive Housing...

*"This is my home, a place where I can go and I can leave the rest of the world out there. My home is a place where I can take pride in going to at the end of every day, where my belongings are safe, and where I am safe. I've heard that everyone has a Guardian Angel and I know for a fact that this is true. I write this to thank you from deep in my heart because today I have a new start."*



# Ottawa Supportive Housing Network, Supportive Housing Agencies:

## Bruce House



- **Client Group:** Individuals and Families living with HIV/AIDS who are homeless or at risk of homelessness and require various levels of support to maintain housing.
- **Type of Service:** Transitional Housing for people living with HIV/AIDS requiring 24 hour care & support. Affordable supportive housing in scattered housing units in multiple locations in west central and centretown areas of Ottawa.
- **Bruce House Contact Information:**  
402-251 Bank Street  
Ottawa ON K2P 1X3  
Phone: (613) 729-0911  
Fax: (613) 729-0959  
Info@brucehouse.org  
www.brucehouse.org

## Cornerstone



- **Client Group:** Women who are homeless or at risk of homelessness and require supports to maintain housing
- **Type of Service:** Permanent supportive housing at McPhail House & MacLaren St.
- **Cornerstone Contact Information:**  
Phone: (613) 233-2243  
Fax: (613) 233-9529  
cornerstone@ottawa.anglican.ca  
www.cornerstonewomen.ca

## Daybreak



- **Client Group:** Low-income single adults who are homeless or at risk of homelessness & require support services to maintain their housing.
- **Type of Service:** Rent-gated-to-income, community based group living that is drug & alcohol free. Staff provide community referrals, advocacy, life skill enhancement and facilitate house meetings and tenant chores. Support staff are available during regular office hours.
- **Daybreak Contact Information:**  
393 Piccadilly Ave.  
Ottawa ON K1Y 0H3  
Phone: (613) 236-8070  
Fax: (613) 236-9083  
Daybreak@on.aiba.com  
www.daybreakhousing.com

## Emily Murphy

- **Client Group:** Single parents and their children.
- **Type of Service:** Affordable housing and support services in a townhouse setting in Blackburn Hamlet. One third of the units are reserved for single parents under the age of 24. Support services include children's programming, housing support and parenting information.
- **Emily Murphy Contact Information:**  
106-2676 Innes Rd.  
Gloucester ON K1B 1A2  
Phone: (613) 834-9489  
Fax: (613) 834-8259  
info@emilymurphympbc.ca

## Harmony House



- **Client Group:** Women and children fleeing abuse.
- **Type of Service:** A second stage shelter for women and their children who are survivors of violence. We provide safe, affordable transitional housing for up to one year, along with a program of individual and group support, accompaniment, advocacy & referral.
- **Harmony House Contact Information:**  
P.O. Box 57082, Somerset Postal Office  
Ottawa ON K1R 1A1  
Phone: (613) 233-3386  
Fax: (613) 567-1707  
info@harmonyhousews.com  
www.harmonyhousews.com

## Options Bytown



- **Client Group:** Single adults with a history of homelessness, addictions or mental illness.
- **Type of Services:** Permanent affordable housing and support services in Centretown and the Byward Market for 120 people. Resource Centre Program that assists tenants of Ottawa Community Housing Corporation, throughout the city.
- **Options Bytown Contact Information:**  
380 Cumberland St.  
Ottawa ON K1N 9P3  
Phone: (613) 241-6363  
Fax: (613) 241-4855  
info@optionsbytown.com

## Ottawa Salus



- **Client Group:** Men and women, 16 years of age or older, with mental health problems.
- **Type of Service:** Residential Rehabilitation Program with 24 hour on-site support services. Group Homes with on-site support during office hours. Apartments with community development services. Salus owns over 175 units of housing with access to over 50 units in other non-profit housing. Specialty services include concurrent disorders, deaf & hard of hearing, and Francophone services.
- **Ottawa Salus Contact Information:**  
2000 Scott Street Ottawa ON K1Z 6T2  
Phone: (613) 729-0123 Fax: (613) 729-7800  
email@salus.on.ca www.salus.on.ca

## Shepherds of Good Hope



- **Client Group:** Single adults living with a severe and persistent mental illness, and/or addictions who are homeless or at risk of homelessness and require varying levels of support to maintain housing.
- **Type of Service:** (Total 97 units) Shepherds of Good Hope provides a continuum of supportive/supported housing, with 3 Rooming Houses (24 units), congregate living (35 units) and autonomous living (38 units), in 5 locations in Lowertown. Opportunity to transition through is based on changes in level of support needed.
- **Shepherds Contact Information:**  
256 King Edward Ave. Ottawa ON K1N 7M1  
Phone: (613) 688-2928 ext: 342  
Fax: (613) 789-0888  
shepherdsforgoodhope@rogers.com  
www.shepherdsforgoodhope.com

## Youth Services Bureau of Ottawa



- **Client Group:** Single youth aged 16 to 21 who are homeless, at risk of homelessness or are unsuitably housed.
- **Type of Service:** Affordable supportive housing apartments located in several communities in Ottawa. Some units are dedicated to single parent families. Supports focus on lifeskills, safety planning, crisis and short-term counseling.
- **YSB of Ottawa Contact Information:**  
1338 1/2 Wellington St.  
Ottawa ON K1Y 3B7  
Phone: (613) 729-0577 ext: 247  
Fax: (613) 729-1918  
headoffice@ysb.on.ca

## Youville Centre



- **Client Group:** An innovative centre which motivates, educates & nurtures young teen mothers (up to age 21) and their children.
- **Type of Service:** High School Education through M.F. McHugh Education Centre; Licensed Early Child Development Programme/Care; Student Support; Housing Support-manages 21 independent housing units through OCHC.
- **Youville Centre Contact Information:**  
150 Mann Ave.  
Ottawa ON K1N 8P4  
Phone/Fax: (613) 231-5150  
housing@youvillecentre.org  
www.youvillecentre.org